

K-6 Lunch Menu

April 2018

Monday, April 2	Tuesday, April 3	Wednesday, April 4	Thursday, April 5	Friday, April 6
	Chix Patty on Bun Green Beans Carrots Fruit	Crispy Chicken Drumstick Mixed Vegetables Broccoli Florets Fruit	Chicken Quesadilla Refried Beans Fruit	Cowboy Cavatini WW Roll Seasoned Corn Garden Salad Fruit
Monday, April 9	Tuesday, April 10	Wednesday, April 11	Thursday, April 12	Friday, April 13
Hamburger on Bun Romaine & Tomato Oven Fries Fruit	Chili Hush Puppies Red Bell Pepper Strips Fruit	Chicken Nuggets WW Roll Mashed Potato & Gravy Tossed Salad Fruit	Baked Ham WG Biscuit Apple Glazed Sweet Potatoes Green Beans Fruit	Chicken & Waffles Seasoned Peas Fresh Baby Carrots Fruit
Monday, April 16	Tuesday, April 17	Wednesday, April 18	Thursday, April 19	Friday, April 20
Hot Ham & Cheese on bun Potato Wedges Broccoli Fruit	Pizza Tossed Salad Cherry Tomatoes Fruit	Taco Burger on bun Romaine & Tomato Spicy Pinto Beans Fruit	Lasagna Garlic Bread Garden Salad Fruit	Chicken Minis Baked Chips Cauliflower Fruit
Monday, April 23	Tuesday, April 24	Wednesday, April 25	Thursday, April 26	Friday, April 27
Sweet & Sour Chicken Nuggets Seasoned Rice Asian Vegetables Cherry Tomatoes Fruit	Super Nachos Refried Beans Southwestern Lentils Fruit	Bosco Sticks w/ Marinara sauce Seasoned Corn Tossed Salad Fruit	Pulled Pork Sandwich Creamy Coleslaw Baked Beans Fruit	Mac & Cheese w/ smokies Oven Fries Carrots Fruit
Monday, April 30				
Chicken Tetrizzini Garlic Bread Tossed Salad Seasoned Peas Fruit				<div style="border: 1px solid black; border-radius: 15px; padding: 5px; text-align: center;"> <p>1% Low-fat Milk & Fat Free Chocolate Milk offered with Breakfast and Lunch</p> </div>

Families Making the Connection

Every Kid Healthy

Every Kid Healthy™ Week is an annual observance designed to celebrate schools' wellness achievements. Observed the last week of April each year, this special week shines a spotlight on the obesity epidemic affecting our children and provides an opportunity for everyone in the country to get involved in its solutions: sound nutrition, regular physical activity and health-promoting school programs.

To celebrate Every Kid Healthy Week, schools can implement wellness initiatives to promote and reinforce healthy eating, nutrition education, and physical education and activity in order to increase student achievement.

- Host a healthy taste test with fruits, vegetables, whole grains or lowfat dairy.
- Ask the physical education teacher or a local gym to provide a Zumba or yoga class for students, school staff and their families.
- Host a recreational field day for students and invite families to participate.
- Challenge students, staff and their families to participate in a school walk-a-thon.

Get involved:

- Join us in the cafeteria, in the classroom and on the playground during Every Kid Healthy Week to help schools celebrate healthy school environments.
- Take the Every Kid Healthy pledge. Join the movement to end childhood obesity.
- Find more info and how you can help at www.actionforhealthykids.org.

April

- Global Child Nutrition Month
- National Garden Day
- Earth Day (April 22)
- Every Kid Healthy Week (Last week in April)

Menus are subject to change.

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This institution is an equal opportunity provider.